Worksite Wellness Success Stories

Sept 2007



"Build Your Pyramid Contest"

A new month-long incentive contest started at DOC's Work-Fit in Jackson on September 4, 2007. **BUILD YOUR PYRAMID** combined luck and skill in an effort to win prizes while learning about the new food guide. Visit *The Pulse* - <u>September</u> and <u>October</u> newsletters for the final results.